



AMERTA MOVEMENT IN PERFORMANCE

WORKSHOP WITH

S U P R A P T O S U R Y O D A R M O

This 7-day workshop with Prapto is a unique opportunity to explore the meeting of Amerta movement with performance. How can performance be informed and transformed by the Amerta approach and how can Amerta movement be informed by and transformed into performance?

Amerta is a non-stylized movement practice developed by Javanese movement artist Suprpto Suryodarmo. It draws on the basic movements of daily life (walking, sitting, standing etc.), as well as meditation, spiritual and performance approaches. Environment, site and participants cultural background also inform the practice.

Who is the workshop for?

Those with performance experience who want to explore the Amerta approach. Those wishing to explore performance as part of their movement practice (but don't have a performance background), and have some experience of Amerta or related approaches. After registration Prapto would like a summary of your performance idea (written and/or visual, video etc.).

Workshop Schedule

First 5 days: Mornings – movement practice with Prapto. Afternoons – work on your own material with guidance/feedback from Prapto.

6th day: Short seminars and workshops from Amerta practitioners (open to workshop participants and the public).

Final day: Morning – public movement workshop with Prapto and musicians.

Afternoon and evening – Performances from workshop participants, seminar providers, Amerta practitioners and Prapto.

Details: Participant number limited to 18. Days 1 to 5, Prapto will teach 5 hours daily.

Dates: Saturday 22nd June to Friday 28th June 2019

Location: Lansdown Hall, Stroud, Gloucestershire GL5 1BB, UK

Cost: £395 (GBP). £75 non-returnable deposit will be due after registration. Balance will be due by 20th May 2019

Registration and enquiries:

Sally E. Dean: info@sallyedean.com and Julian Carlyon: julian@sevenawareness.com

More info at: www.amertamovement.co.uk

When registering please include something about your background in movement work and/or performance. Payment details will be sent after registration is completed.